Expert advice for work, life, and your well-being



Your Employee Assistance Program provides confidential support and services.

As a Jones Lumber Company employee you can access your Employee Assistance Program at any time, 24/7/365, and speak with a professional, experienced counselor for help with:

- Balancing work and life
- Stress and anxiety
- Losing a loved one
- Legal issues
- Family, marital and relationship challenges
- And much more

When you need some support, we're here to help.

Phone
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Some restrictions may apply to all of the above-mentioned services. Please contact your employer or MetLife for details.

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Navigating life together